

Sun. June 27	MDC Sports	8:00 am-	12:00 pm
	OPEN SWIM	1:00 pm-	3:00 pm
	OPEN SWIM	6:30 pm-	9:00 pm
Mon. June 28	Rochester Swim Club Orca's (Monday & Wednesday)	5:30 am-	8:30 am
	American Red Cross Children's Swim Lessons	8:30 am-	11:30 am
	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:00 pm
	American Red Cross Children's Swim Lessons	1:00 pm-	2:30 pm
	Rochester Swim Club Orca's (Monday, Tuesday & Thursday)	3:00 pm-	6:30 pm
	Med City Swim Club	6:30 pm-	8:30 pm
	OPEN SWIM	6:30 pm-	9:00 pm
	ADULT LAP SWIM	9:00 pm-	10:00 pm
Tues. June 29	Rochester Swim Club Orca's (Tuesday & Thursday)	5:30 am-	8:00 am
	Water Aerobics (Tuesday & Thursday)	6:15 am-	8:15 am
	American Red Cross Children's Swim Lessons	8:30 am-	11:30 am
	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:00 pm
	American Red Cross Children's Swim Lessons	1:00 pm-	2:30 pm
	Med City Swim Club (Tuesday and Thursday)	5:30 pm-	7:30 pm
Wed. June 30	Water Aerobics (Wednesday and Friday)	7:15 am-	8:15 am
	American Red Cross Children's Swim Lessons	8:30 am-	11:30 am
	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:00 pm
	American Red Cross Children's Swim Lessons	1:00 pm-	2:30 pm
	Rochester Swim Club Orca's	4:00 pm-	6:30 pm
	Med City Swim Club	6:30 pm-	7:30 pm
	OPEN SWIM	6:30 pm-	9:00 pm
	ADULT LAP SWIM	9:00 pm-	10:00 pm
Thurs. July 1	American Red Cross Children's Swim Lessons	8:30 am-	11:30 am
	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:00 pm
	American Red Cross Children's Swim Lessons	1:00 pm-	2:30 pm
	Adaptive Recreation	6:00 pm-	7:45 pm
Fri. July 2	Rochester Swim Club Orca's	5:30 am-	7:00 am
	American Red Cross Children's Swim Lessons	8:30 am-	11:30 am-
	ADULT LAP SWIM – (No Lifeguard on Duty)	11:30 am-	1:00 pm
	American Red Cross Children's Swim Lessons	1:00 pm-	2:30 pm
	OPEN SWIM	6:30 pm-	9:00 pm
Sat. July 3	OPEN SWIM	1:00 pm-	3:00 pm
Sun. July 4	INDEPENDENCE DAY – REC CENTER CLOSED		